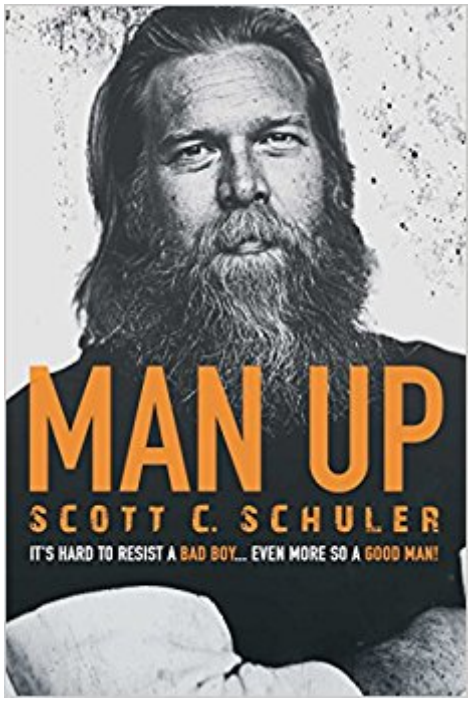
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MAN UP: It's Hard To Resist A Bad Boy . . . Even More So A Good Man!



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Synopsis

Trust me: the world doesnÃ¢â ¬â„¢t need a bunch of BFFs with beards. Ã Â IÃ¢â ¬â„¢ve watched men change from confident, decisive, and action-oriented lions to second-guessing, scared-of-their-shadows, donÃ¢â ¬â„¢t-rock-the-boat mice. They donÃ¢â ¬â„¢t feel confident in relationships, work environmentsÃ¢â ¬â •or anywhere. Men are either looking for something or running from something; maybe a bit of both.Ã Â Well, itÃ¢â ¬â„¢s time to stop running. ItÃ¢â ¬â„¢s time to Man UpÃ Â to face the real issues. Being a real man is about being true to yourself first. It means finding strength from living authentically and then sharing that strength with others. Being a real manÃ Â means understanding who you are and how to influence the world for the better. Being a real man is an asset to those around him. He doesnÃ¢â ¬â„¢t have to Ã¢â ¬Å“take chargeÃ¢â ¬Â• but he leads the charge, and people want to join in. A real man draws people in. In fact, he is completely irresistible.Ã Â Men may feel like they have lost the permission they once had to be men, but IÃ¢â ¬â„¢m here to tell you that you donÃ¢â ¬â„¢t need permission. You donÃ¢â ¬â„¢t need anyone authorizing you to be who you were meant to be. ItÃ¢â ¬â„¢s time to stop trying to please everyone else. ItÃ¢â ¬â„¢s time to stop apologizing for thinking like a man, acting like a man, and being a man.Ã Â ItÃ¢â ¬â„¢s time to Man Up! Ã Â Ã Â Ã Â

Book Information

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Customer Reviews

"MAN UPÃ Â is a must read for anyone who desires a more fulfilling life and is ready to take responsibility and action towards it. This book challenges all of us to MAN UP! Challenge accepted." (Oola Guys - Dr. Dave Braun & Dr. Troy Amdahl)

Raised around men of character, Scott developed a strong work ethic and drive to excel at an early age. He always had a passion and skill for helping others achieve greatness from within, which ultimately led him to a career developing leaders as a highly successful professional in one of the fastest-growing industries today.Ã Â Scott was always a quiet observer of people. Over the course of his life, he noticed a shift in the actions and attitude of men that silently gnawed at him. Why werenÃ¢â ¬â„¢t men banding together over a just cause like they used to? Why werenÃ¢â ¬â„¢t they standing up for what they believed, like men once did? Somewhere along the way, men lost their strength to make decisions and stand up for themselves based on their own values and morals.Ã Â Ã Â As a father attending school events with his three boys, that gnawing observation resurfaced even more strongly. The effects of this shift in men was rippling out and putting the next generation at risk. Most boys today donÃ¢â ¬â„¢t have a clue about what it means to be a man either. Ã¢â ¬Å“I couldnÃ¢â ¬â„¢t sit idly by watching the male population search for direction and identity. Something had to be done so I decided to Man Up and do something about it.Ã¢â ¬Â• This is the premise for ScottÃ¢â ¬â„¢s book Man Up.Ã Â Ã Â Scott has been married to his wife Brenda for twenty-one years. They have three boys who share ScottÃ¢â ¬â„¢s love for all things outdoors and anything that produces adrenaline.Ã Â Ã Â Ã Â

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